

CASCADA Dinner

2oz Wellness Shot of Turkey Tail Thrive Honey Tonic-

Enjoy before your meal for the ultimate digestive aide. A blend of apple cider vinegar and manuka honey infused with Turkey Tail mushroom, lemon and ginger to support digestion, and balance blood sugar - 6

Nourishment

DEFINITION: FOOD NECESSARY FOR GROWTH, AND GOOD HEALTH

Roasted Heirloom Beet Salad- organic pistachio butter, super greens, whipped Portland Creamery chevre, house hemp and flax granola, chicories, blood orange vinaigrette - 18 (V) (GF)

Soft Blanched Lacinato Kale- hand picked sprouted crouton, lipstick peppers, pickled shiitake, heirloom cherry tomato, watermelon radish, braised fennel, green goddess - 19 (GF) (VG) (V)

+ honey glazed pancetta - 4

Yellowtail Crudo- matsutake shoyu, yuzu pearls, coriander, thai basil, puffed quinoa, candied habanero, lime - 24 (GF) (DF)

Grass Fed Painted Hills Beef Carpaccio- "Da Nang style", tamari, anise, black cardamom, shallot, cilantro, Thai basil, jalapeno, lime, vermicelli, organic bean sprouts, local quail egg yolk - 26 (GF) (DF)

Sustenance

DEFINITION: FOOD REGARDED AS A SOURCE OF STRENGTH

Painted Hills 7oz Grass Fed Organic Filet- king trumpet mushrooms, yukon gold pomme puree, spigarello, wild mushroom bordelaise - 66 (GF)

Wild Alaskan King Salmon- beetroot cure, saffron yogurt, edamame, romanesco, fennel, blood orange - 36 (GF)

Ratatouille (Tian Provencal)- basil, spicy tomato coulis, polenta - 28 (GF) (V) (VG)

Magret Duck Breast Sous Vide- forgotten root vegetables and ancient greens, locally sourced blackberry fig gastrique - 38 (GF)

Handmade Spinach Ravioli- free range organic egg/spinach pasta, parsnip, wild seasonal mushrooms in arrabiata sauce, blistered cherry tomatoes - 32 (V)

+ tableside grated Mitica parmesan - 3

+ tableside 5 grams Oregon shaved black truffle - MP

+ tableside 5 grams Alba white truffle - MP

Key- (V) vegetarian (GF) gluten free (DF) dairy free (VG) vegan
We have Udis gluten free bread available upon request

*consuming raw or undercooked meats, poultry, shellfish or eggs
may increase your risk of foodborne illness.

